

Westlund Guidance Clinic: Helping People Since 1942

The staff at the Westlund Guidance Clinic realize that life is full of challenges. It is our pledge to help you through those challenges with respect, dignity, and understanding. Everyone at some point in their lives has had personal issues, issues with family, and loss. Seeking help is not admitting failure or assigning blame. Let our Masters level therapists help with the first step toward reaching your goal.



Hours of Operation:

Monday: 8 AM to 5 PM
Tuesday: 8 AM to 8 PM
Wednesday: 8 AM to 7 PM
Thursday: 8 AM to 7 PM
Friday: 8 AM to 5 PM
Saturday: Limited availability

We require 24 hours notice for cancellations. If appointments are not kept or cancelled, new appointments may not be scheduled.



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WESTLUND
GUIDANCE CLINIC

A Subsidiary of SVRC Industries

Westlund Guidance Clinic
3253 Congress Ave
Saginaw, MI 48602

Phone: (989)793-4790
Fax: (989)793-1641
www.westlundclinic.com



WESTLUND
GUIDANCE CLINIC

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*Counseling
Services*



*A Tradition of Caring
for People of All Ages*

Welcome to Westlund Guidance Clinic



The Westlund Guidance Clinic has assessment and counseling services for adults, children, and families experiencing problems with their social, emotional, and behavioral functioning or mental health. Our staff has extensive experience dealing with a variety of emotional and behavioral issues from preschool children through older adults.

For some issues, a Psychiatrist may be necessary. Westlund Guidance Clinic has two consulting Psychiatrist available for evaluations and medication management.

How Do Therapists Help?

Therapists understand human behavior and know how to assist to improve symptoms or concerns. Westlunds' therapists all have Masters Degrees in Social Work or another related Human Services field.

We treat all people with dignity and respect. We know that people feel anxious or



uncertain at first and we strive to explain services clearly and to help you feel comfortable

using our services. Your information is kept confidential, except with a signed release, when reporting is required by law or is required for your protection. Westlund asks that individuals sign a release for their family doctor to coordinate care, but this release is optional.

As part of treatment, therapists will provide support, may suggest different ways to see or respond to problems or may provide new information that improves your understanding of your situation. Therapists can also coordinate services with family doctors, schools, or other resources to best meet the needs of you or your child.

Make An Appointment!

It is easy to make an appointment with the Westlund Guidance Clinic for individual or family counseling for you or your child. Simply pick up the phone, call (989)793-4790 and choose ext. 204.



Our Intake Specialist will ask you to identify preferences for a therapist, time of the initial appointment and advise you that you can have a support person present. The Intake Specialist will help you with understanding insurance coverage. We accept most commercial insurances as well as HMO Medicaid insurance. We have an additional contract with Saginaw Community Mental Health to provide children's outpatient services here at Westlund.

