

## Consumer Responsibilities for seeing the Psychiatrist

1. You must be in active therapy with a therapist at Westlund in order to see the Psychiatrists here. If you have not been seeing your therapist, your appointment may be cancelled.
2. Keep all scheduled appointments. The Consulting Psychiatrists are in the clinic for very limited times each week. If appointments are not kept or cancelled with 24 hours notice, additional appointments may not be scheduled with the Psychiatrists.
3. Accompany your child to all appointments. The Consulting Psychiatrists need your input and permission to change medication or to determine your child's progress.
4. Fill prescriptions within five (5) days and complete all procedures promptly. Some prescriptions must be filled within 5 days or the script is no longer valid.
5. Dispense/Use medication as directed. Give the medication at the times and dosages that have been prescribed. Advise your Psychiatrist prior to stopping the medication. Report any side effects to the Psychiatrist or therapist as soon as possible.
6. Be prepared to have your medication managed by your family physician after you are stable. (Should it be determined that medication is necessary.)
7. We require at least seven (7) days notice for prescription requests. We cannot guarantee a script if the most recent appointment with your Psychiatrist was not kept. The doctor may need to see you prior to re-prescribing the medication. You may be referred to your family physician for a "bridge script" until you can be seen by your Psychiatrist. Please do not wait until you are out of medication to request a new prescription.

### Psychiatry Hours:

#### Dr. Koneru

2nd Saturday of each month: 8:30 AM to 4:00 PM

#### Dr. Talasila:

Tuesday: 3:30 PM to 7PM

*We require 24 hours notice for cancellations. If appointments are not kept or cancelled, new appointments may not be scheduled.*



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WESTLUND  
GUIDANCE CLINIC

A Subsidiary of SVRC Industries

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## Psychiatry Services



A Tradition of Caring  
for People of All Ages

# *Welcome to Westlund Guidance Clinic*



The Westlund Guidance Clinic has assessment and counseling services for adults, children, and families experiencing problems with their social, emotional, and behavioral functioning or mental health. Our staff has extensive experience dealing with a variety of emotional and behavioral issues with preschool-aged children through older adults.

For some issues, a Psychiatrist may be necessary. Westlund Guidance Clinic has two consulting Psychiatrists available for evaluations and medication management. Our Psychiatrists do not provide Psychotherapy services.

## **How Do Psychiatrists Help?**

Psychiatrists are medical doctors who specialize in the treatment of mental health issues.

Our Psychiatrists treat all people with dignity and respect. We know that people feel anxious or uncertain at first and we strive to explain services clearly and to help you feel comfortable using our services. Your information

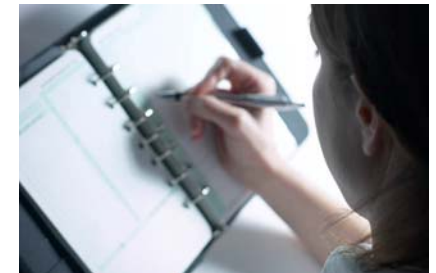


is kept confidential, except with a signed release, when reporting is required by law or is required for your protection. Westlund asks that individuals sign a release for their family doctors to coordinate care, but this release is optional.

As part of treatment, Psychiatrists will provide support and may suggest or prescribe medication to help you or your child's particular issue. Psychiatrists typically change or adjust medication as needed based on information provided by you (the consumer) and input from the therapist. The Psychiatrist will encourage you to work with your therapist to best meet the needs of you or your child.

## **Your Psychiatric Evaluation**

You will work with your therapist to determine if and when a Psychiatric Evaluation is needed for you or your child. The therapist completes a Psychiatric Evaluation request that must be approved by a supervisor prior to scheduling. In order to be seen by the Psychiatrist, you must be seen by your therapist at least 2-3 times and then remain in active treatment with your therapist. If you have not been seeing your therapist, your appointment may be cancelled.



The evaluation is usually 30-45 minutes long. Follow-up appointments, usually called medication reviews, are typically **quite brief**, so please be prepared with questions or concerns. If you wish to speak at length, please bring your questions or concerns to your therapist. He or she will consult with the Psychiatrist to best meet your needs.